



## Hillgrove High School Basketball Sideline Cheerleading Tryout Information Packet

**Tryout Application Due 9/6/19**

**\*Turn into Hillgrove High School Main Office no later than 3:30PM\***

Enclosed is information regarding cheerleading tryouts for the Hillgrove High School Basketball Cheerleading squads. To try out for the Hillgrove cheerleading program, you must meet all eligibility requirements as outlined by the Georgia High School Association, including that you live in the Hillgrove district and that you are academically eligible at the time of tryouts. Applicant must ensure there is a current physical uploaded in Athletic Registration online in ParentVUE and turn in completed tryout application to the Hillgrove High School Main Office no later than 3:30pm on 9/06/19.

**Tryout Informational Meeting, Monday, August 19 , 2019, 6:30 pm @ Media Center.**

Coach Spiegel and Coach Bell will be hosting an information session about cheerleading tryouts for the upcoming BB season. Please plan to attend if you have any questions regarding tryouts.

### **Program Details & Time Commitments**

Parents and students, it is essential that you discuss this decision and consider the time commitments involved with each team. Being selected as a part of the HHS cheerleading program is a privilege that requires sacrifice.

#### **Varsity Basketball (10th-12th grade)**

- TRYOUTS WILL BE HELD September 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup>
- In-Season Practices 1-2 days a week as needed throughout the season beginning in Nov.
- All Varsity Basketball Games (Tues, Fri, and some Saturdays) – Including all playoff games

#### **JV Basketball (9th-10th grade only)**

- TRYOUTS WILL BE HELD September 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup>
- In-Season Practices 1-2 days a week as needed throughout the season beginning in Nov.
- JV Basketball Home games ONLY.

\*Please contact Coach Spiegel or Coach Bell if you need to schedule an early morning tryout due to fall extracurricular conflicts.

**Cheerleading Tryout Information**  
**Varsity and JV Basketball Sideline Cheerleading**

**2019-20 HHS Tryout Dates:**

Monday, September 16 <sup>th</sup>	4:45 pm to 6:30 pm	* day 1 of tryout instructional clinic
Tuesday, September 17 <sup>th</sup>	5:00 pm to 6:30 pm	* day 2 of tryout instructional clinic
Wednesday, September 18 <sup>th</sup>	4:00 pm	* <u>Basketball sideline tryout day</u> - tryouts will begin at 4 pm and will run consecutively. It is suggested to arrive (15) minutes before report time.

**Attendance is important. If there is an issue, please speak with or email Coach Spiegel [Jennifer.Spiegel@cobbk12.org](mailto:Jennifer.Spiegel@cobbk12.org) or Coach Bell [Rionda.Bell@cobbk12.org](mailto:Rionda.Bell@cobbk12.org)**

- The material will be taught during the clinic, including sideline cheers and a dance – Prospective cheerleaders should practice material prior to tryouts
- Motion and Jump technique will be reviewed and practiced

**Tryout Location:**

Hillgrove High School Auxiliary Gym, 4165 Luther Ward Road, Powder Springs, Ga. 30127

*\*Please note that all instructional clinics and tryouts are closed to spectators. It is imperative that coaches have the opportunity to give all tryout applicants their undivided attention and that tryout applicants have no distractions to deter their focus.*

**During the clinic, prospective cheerleaders may wear appropriate attire of their preference**

**Tryout Day Dress Code:**

- Dark colored cheer shorts/spansks with NO LOGO's (Black, Grey)
- White T-Shirt or White Tank Top with NO LOGO's or anything printed or cheer related wording. Bra Straps should NOT be visible.
- Hair needs to be up in a ponytail or a half up with a coordinating bow or ribbon.
- Cheer or athletic shoes with no-show socks.
- **NO JEWELRY OR GUM & NAILS SHOULD BE AN APPROPRIATE LENGTH!**

**2019-20 Tryout Announcements**

Tryout results will be posted online at the Hillgrove Cheer Website by Saturday morning, September 21, 2019. [www.hillgrovecheer.org](http://www.hillgrovecheer.org)

Squads will be formed based on scores compiled by the coaching staff, fulfillment of requirements, and the coaches' final decision. Please remember consideration of team purpose, cheerleader maturity, and stunt groups must be given in determining the squads. Multiple groups consisting of a flyer, two bases, and a back spot are needed for all squads and will factor into the formation of each squad.

## **IMPORTANT DATES:**

### **2019-20 HHS Cheerleader New Squad Meetings:**

If selected for a squad, cheerleaders must attend a mandatory meeting

- **Varsity and JV - Monday, September 30, 2019, at 3:35 pm in Coach Bell's room**

### **2019-20 Hillgrove High School Cheerleading Booster Club Meeting & BB Cheerleader New Spirit Wear Orders:**

A **MANDATORY** Booster Club meeting will be held on **Monday, October 7th at 6:30 pm** in the Hillgrove High School Cafeteria for all cheerleaders selected for 2019-2020 BB squads.

- Each cheerleader MUST have at least one parent/guardian in attendance.
- Booster Club Dues of \$250 are due at this time for New Cheerleaders for the BB season. Current FB Sideline, Comp Only or FB Sideline & Comp Cheerleaders are only required to pay \$75 for BB Cheerleading Dues.
- Cheerleaders will be sized for uniforms and practice t-shirts
- Cheerleaders will place orders for items needed. Payment will be due for items ordered at this meeting.  
Refer to estimated cheerleading costs in this packet.

### **Tryout General Information:**

Parents and applicants should discuss the applicant's decision and consider the financial and time requirements involved with each squad. Being selected as a part of the HHS Cheerleading program is a privilege that requires commitment.

### **Eligibility**

To tryout, you must meet all eligibility requirements as outlined by the Georgia High School Association, including residing in the Hillgrove district and being academically eligible **at the time of tryouts**. Also, you must complete all tryout paperwork and submit it to the Hillgrove High School Main Office.

### **Sideline Squads**

Selection for Sideline Squads is based on the applicant's tryout. Applicants will be selected from each of the 9th, 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> grades for the school year. 9th-10th-grade students will be placed on JV squad; 10<sup>th</sup>-12<sup>th</sup>-grade students will be placed on Varsity squad.

### **Varsity Basketball (10<sup>th</sup>, 11<sup>th</sup> and 12th grade) – Practices and Games**

- In-Season Practices- Tuesdays & Thursdays as needed throughout the season
- All Varsity Basketball Games (Tuesdays, Friday & some Saturday) – Including all playoff games

### **JV Basketball (9<sup>th</sup> and 10th grade only) - Practices and Games**

- In-Season Practices- Tuesdays and Thursdays throughout the season as needed
- All JV Basketball Home games

### **Basic skills required for all squads:**

- \* Ability to listen to and follow instructions
- \* Cheer motion knowledge and skill (placement and sharpness)
- \* Voice volume in cheering (being able to lead a group by calling a cheer/chant and being loud)
- \* Rhythm in dancing (must be able to dance to a song with the correctly taught motions and stay on the beat)
- \* Learning memory (must be able to learn multiple cheers and dances and memorize them, then be able to perform them in front of an audience)
- \* Jump knowledge and skill (height, flexibility, and motion sharpness are factors)
- \* Maturity and leadership ability is a must for all teams, as you are seen as leaders in the school.
- \* Expectations for skills listed above are higher for Varsity Squad

## **Tryout Requirements**

Each cheerleading applicant must have completed and returned all of the following:

- Tryout application/parental permission form SIGNED
- Copy of report card or transcript required for cheerleading applicants
- A current physical uploaded in Athletic Registration online in ParentVUE.
- IF YOU DO NOT HAVE A PHYSICAL ON FILE, YOU WILL NEED TO HAVE ONE AT THE TIME OF TRYOUTS, OR YOU WILL NOT BE ABLE TO PARTICIPATE

## **Hillgrove High School Athletic Physical Process**

**HILLGROVE WILL NO LONGER ACCEPT A PAPER PHYSICAL FORM.** Instead, parents must register their student on their ParentVUE site for students in grades 9-12.

For detailed instructions go to the link below for the Athletic Registration User Guide.

You may also contact Sherri Thoroughman our Athletic Director, Coach Ed Morris our Athletic Coordinator, or Lisa Morrow, Athletics Clerk, for more information at 678-331-3961.

**ParentVUE Login:** <https://parentvue.cobbk12.org/>

**ParentVUE Form:** <http://www.cobbk12.org/hillgrove/downloads/parentvue-acceptable-use-policy-and-user-agreement.pdf>

**Athletic Registration User Guide:** <http://s3.amazonaws.com/vnn-aws-sites/9531/files/2016/03/8d662aae55c063f3-Athletic-Registration-User-Guide-for-Parents.pdf>

Applicant must ensure there is a current physical uploaded in Athletic Registration online in ParentVUE and turn in completed tryout application to the Hillgrove High School Main Office by 9/06/19.

\*IF YOU DO NOT HAVE A PHYSICAL ON FILE, YOU WILL NEED TO HAVE ONE AT THE TIME OF TRYOUTS, OR YOU WILL NOT BE ABLE TO PARTICIPATE

## **HHS Cheerleading 2019-2020 Estimated Costs**

The following is an ESTIMATE of costs for personal items needed by each cheerleader. Cheerleaders are encouraged to communicate with the coaches as soon as possible when learning of special family or economic needs that will bring about the conflict. Parents should also feel comfortable communicating with the coach when needed.

Please see the chart below for additional information and a breakdown of costs per cheerleader.

### **Estimated Costs for BB Sideline Squads**

- **New Cheerleader BB Dues - \$250:** Amounts received as cheerleading dues cover the following organization expenses: expenses incurred for banners & signs, music, office supplies, rental fees, group activities, homecoming activities, holiday events and the year-end replacement costs. A detailed budget will be presented to Booster Club Members for discussion and approval. All costs are projected and represent estimated costs
- **Current FB Sideline, Comp Only or FB Sideline & Comp Cheerleaders BB Dues - \$75.**
- **Fundraising Commitment - \$150: All Varsity and JV BB Cheerleaders** This money can be earned back if cheerleader participates in raising funds through cheerleading Little Hawks Camp Winter Clinic (**Tues – Thur 2/18/20 – 2/20/20**)
- **Meals (\$8.00 per game):** Amount represents the costs of meals provided to cheerleaders throughout the season. More info will be distributed at a later date.
- **Uniform, Apparel, and Accessories:** See Below: Uniform and apparel fittings will be held in October. An order sheet will be completed for each cheerleader that will be signed by the parent and cheerleader. Approximate costs are:

<b>Required Fees bills paid by HHSCBC and paid from Cheerleader Installment Payments (October, November and December)</b>		<b>Cost</b>
Booster Club Dues	Pay Oct 7	
New Basketball Cheerleader		\$250.00
Current Football Cheerleader		\$75.00
(2) Game Day Bows	Pay Oct 7	\$30.00
Little Hawks Fundraiser (\$150 Refundable Fundraising Fee - cheerleader must earn equal amount for credit)	Pay Nov 11	\$150.00
Varsity Cheerleading Meals provided before games ( average 20 games at \$8 per meal)	Pay Nov 11	\$160.00
JV Cheerleaders Meals provided before games (average 14 games at 8 per meal)	Pay Nov 11	\$112.00
Banquet Fees (includes meal, tips, room charges and end of season gift)	Pay Dec 9	\$50.00
<b>Additional required items paid directly to Vendor (Cheerleader is not required to order if they already have this item and it is the correct size and in good condition)</b>		
<b>October Order from Vendor</b>		<b>Cost</b>
Sideline Squad Practice Shirts (one t-shirt & one long sleeved t-shirt) Vendor: T&T Advertising	Pay Oct 7	\$29.00
Sideline Squad t-shirt (worn in 2018-19) Vendor: T&T Advertising	Pay Oct 7	\$11.00
Sideline Squad Under Armor Grey Back Pack - Vendor: T&T Advertising	Pay Oct 7	\$70.00
Sideline Squad Hillgrove Crewneck Sweatshirt - Vendor: T&T Advertising	Pay Oct 7	\$32.00
Sideline Squad Black Warm Up Pants - Vendor: T&T Advertising	Pay Oct 7	\$25.00
<b>Items from Varsity Spirit Fashion will be ordered on 10/7/19 and must be purchased by 10/14/19 on the Varsity Portal</b>		<b>Cost</b>
VBB Uniform Accessory Package (Shoes, Socks, Poms, Briefs, Bodyliner) - Vendor: Varsity Spirit Fashions	Pay Oct 14	\$111.73
VBB Only Cardigan - Vendor: Varsity Spirit Fashion	Pay Oct 14	\$83.95
VBB Only Briefs - Vendor: Varsity Spirit Fashions	Pay Oct 14	\$15.91
Only Bodyliner (Black Undershirt) - Vendor: Varsity Spirit Fashions	Pay Oct 14	\$25.03
Only Poms - One White & One Crimson - Vendor: Varsity Spirit Fashions	Pay Oct 14	\$23.95
Only Sideline Shoes - not required purchase for 2019 - Vendor: Varsity Spirit Fashions	Pay Oct 14	\$63.85
Only Sideline Socks - not required purchase for 2019 - Vendor: Varsity Spirit Fashions	Pay Oct 14	\$7.93

- Returning cheerleaders will not have to replace items that have been purchased in previous years as long as everything is still in good condition
- Miscellaneous items may be required to be provided by cheerleaders and parents such as socks, hair bands, etc.

## Hillgrove High School Cheerleading General Information

Cheerleaders are one of the most visual representatives of their high school. Hillgrove cheerleaders are expected to demonstrate good sportsmanship at all times. The purpose of the Hillgrove cheerleading program is to promote school pride, unity and to lead the student body in demonstrating spirit and support for the teams, coaches, and all athletes.

### **Rules, Regulations, and Guidelines**

- Cheerleaders who choose to quit the program after being placed on a squad will forfeit the right to tryout the following season
- No cell phones allowed to be used unless otherwise noted by the coach at practice, games, competitions or any other cheerleading function
- Distractions such as but not limited to: friends, boyfriends, parents should refrain from interrupting practices, games and/or competitions. Practices are CLOSED.
- Negative/bad attitudes or reports of bad attitudes and/or disrespect from any teacher will be disciplined according to the coaches discretion
- Coaches and other squad members will always be treated with respect
- Always be on time, punctuality is expected!
- All personal matters must be taken care of outside of practice; squad unity is a primary goal!
- **General Behavior:** The following behaviors are extreme violations of the Cobb County Code of Conduct. Violations will be evaluated by coaches and administrators in accordance with the Cobb County guidelines, and an appropriate consequence will be given. Consequences may include removal from the squad. Smoking/Drinking, Cheating, Drug Use, Fighting, Vandalism, Undesirable or immoral behavior and/or gestures

### **Practices**

- Practices are set at the discretion of the coach. Everyone should attend all practices.
- Absence from school means you cannot attend practice/game for that day (must attend two periods of school). School absences should be limited.
- Missing practice for clubs and other extra-curricular activities is **not** considered excused. Students with academic obligations will not be penalized (within reason). Academics are a priority, please inform your coach ahead of time if you need to meet with a teacher, and provide a note from the teacher.
- Cheerleaders are expected to notify a coach in advance if they are to be tardy or miss practice. Word of mouth is not acceptable.
- Every effort should be made to avoid missing practice
- Having a job is not an excuse to miss practice. If you have a job, you need to make sure it fits with your cheerleading commitment.

### **Games**

- Cheerleaders must be dressed in uniform for all games at the time designated by the coach.
- Cheerleaders are responsible for bringing appropriate equipment to all games and/or competitions.
- Cheerleading is your main concern during the game. Excessive talking to squad members or the crowd is not permitted.
- Game participation will be limited when practices are missed.

### **Transportation**

- Cheerleaders are expected to travel to and from the away games on the bus, unless otherwise arranged by the coaches.

### **Uniforms, Practice Clothing, Etc.**

- If a cheerleader loses his/her uniforms or equipment, he/she will be required to pay for a replacement. Cheerleaders will only be charged what the program pays for the item.
- Uniforms must be returned, cleaned, in their original condition. Cheerleaders and their parents are expected to pay for cleaning expenses and/or replacement costs for uniforms that are returned soiled and/or damaged.
- Any uniform not returned by the due date will be considered lost, and the parents will be charged for a replacement.
- Cheerleaders will wear appropriate spirit wear, as designated by the coach, to school on game days and spirit days (this includes practice wear).

### **Financial Responsibilities**

- Cheerleaders are responsible for the cost of all cheer apparel.
- Cheerleaders are responsible for the replacement cost of any school property that is lost or damaged. (Uniforms and equipment)
- Every effort is made to provide opportunities for cheerleaders to earn money to help offset the financial obligations. ALL cheerleaders must attend and participate in all required fundraising activities, or possibly offset participation by covering those funds from personal funds or sponsorships.

### **Coaches' Rights**

- The coach reserves the right to "bench" a cheerleader for disciplinary or performance reasons. Reoccurring issues with discipline can result in the dismissal of a cheerleader. The inability of a cheerleader to perform at the skill level of tryouts may result in dismissal from the squad.
- The coach reserves the right to discipline attendance issues for practices and/or games on an individual basis.
- Missing practice, even if it is excused, may result in not being included in the next game/competition and/or skills performed at the next game/competition. Coaches' discretion will be used.

### **Hillgrove High School Cheerleading Booster Club**

- The purpose of this organization shall be to provide support for the Hillgrove High School cheerleading program. The Booster Club works with the High School Coaches in the following areas:
  - To promote a congenial relationship among members, cheerleaders, coach(es), school administration, other school organizations, and the community in general.
  - To promote cheerleading as a sport for students who reside in the Hillgrove High School District and to develop athleticism, enthusiasm, cooperation, leadership, responsibility and good sportsmanship.
  - To promote fund-raising activities for the financial support of services, facilities, and equipment for cheerleading squads on an as-needed basis.
- The booster club helps supplement the school budget with covering the costs of items such as, but not limited to: uniform needs; spirit materials such as tape, butcher paper, paint, welcome goody bags; game banner needs; the end-of-the-year banquet and award costs for cheerleaders & coaches; holiday parties; coaching needs; etc.

## **Fundraising Commitments**

- All cheerleaders are required to participate in designated fundraisers. Consequences for not participating will be enforced. Specific requirements and consequences will be provided verbally and in writing for each fundraiser. Parents are asked to participate in late fall and winter fundraisers as well.
- Those athletes/parents who cannot meet the financial commitments must participate in all fundraisers with time and find community contributions. Sponsorships are also another option to make-up for cheer expenses.

## **Fundraising Opportunities**

### **Who:**

Varsity & JV basketball Squads:

### **What:**

Little Hawks Winter Cheerleading Clinic – February 18, 19, 20

**\*\*Additional fundraising may occur throughout the season at the Coaches' discretion.**

Dates and times are estimates and are subject to change. They do not include fundraisers, pep rallies, school events and/or other miscellaneous performances that may be required of a cheerleader to prepare for and attend. Everything is under the Coaches' discretion.

## **Awards**

- Varsity and JV - to receive any award you must complete the entire season, including playoffs, and tournaments.

## **Varsity Letter**

- Only Varsity Cheerleaders can letter. The following requirements must be met to receive a Varsity Letter:
  - You must finish the season before lettering.
  - You must finish the season academically eligible (refer to student handbook).
  - You must participate in all activities including fundraisers.
  - You must attend all practices, games, competitions, and activities unless excused by the coach.
  - Arrive for practices, games, and activities with all parts of the required uniform on time (This includes poms, shoes, socks, warm-ups, bags, etc.)
  - You must pay any outstanding financial obligations
  - You must earn the coach's recommendation by demonstrating dedication and commitment, good attitude, hard work, and loyalty to the school, teammates, and the community





### Basketball Sideline Cheerleading Tryout Application

**\*\*PLEASE INCLUDE A NON-CHEERLEADING HEADSHOT (WALLET SIZE)\*\***

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Student Home Phone \_\_\_\_\_ Student Cell Phone \_\_\_\_\_

Student Email Address \_\_\_\_\_

Current School \_\_\_\_\_ Grade Fall 2019 \_\_\_\_\_

Parent(s)/Guardian(s) \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Athlete Health Concerns \_\_\_\_\_

Do you have a current physical uploaded in Athletic Registration in ParentVUE? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have any cheer experience? Yes \_\_\_\_\_ No \_\_\_\_\_

If you answered yes, explain the extent of your experience, including any leadership experience: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

*I, the student mentioned earlier, have read and understood the information in the 2019-20 HHS BB Sideline Cheerleading Tryout Packet. I agree to abide by the policies outlined.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

*I, the parent/guardian of the child mentioned earlier have also read and understand the information in the 2019-20 HHS BB Sideline Cheerleading Tryout Packet. I permit my child to participate in tryouts. I fully understand that the school and coaches will take every reasonable precaution to prevent accidents, but know they will not be held responsible if any accident occurs.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please return completed application to Hillgrove's main office no later than 3:30pm on Friday, September 6, 2019**